

FOBISIA Teachers' Conference 2017 - List of Workshops

No	PRESENTER	SCHOOL	TITLE OF WORKSHOP	DESCRIPTION OF WORKSHOP
1	Mari Tibbetson	British School of Guangzhou, China	Mental toughness	A background to the idea of mental toughness and some different approaches to teaching character and resilience. Including an overview of the ideas that underpin the ways in which students can develop various character traits and the benefit this has to students whilst in school and beyond.
2	Robert Jessop	The ADC International School, Vietnam	Whole School: Developing a growth mind-set in students	The session focuses on how we can create learning environments that emphasise our learners embracing challenges, learning from mistakes, accepting feedback & criticism, taking risks and how to stop students developing avoidance behaviours.
3	Emma Finerich	Harrow Beijing	Putting student well-being at the centre of your decision making	Identify, create, implement and evaluate student well-being programmes in school. What is student well-being? Why is it important? How do we know our students are flourishing? What can we do if they are not?
4	Athana Douglas & Emma Swinerton	British School Manila, Philippines	Holding Minds through Mindfulness	We propose to share our journey in introducing Mindfulness into our school community. We will outline the rationale behind this move, linking our local trends to global trends. We will detail the progress we have made both in introducing a mindfulness curriculum in K-12 and in enlisting support from other stakeholder groups both inside and outside the school.
5	Gracie Webster	St Stephens Bangkok, Thailand	Physical and mental relaxation	To give a brief insight into stress management through mindfulness and other related strategies including the role of exercise sleep and managing social media uses.
6	Dr Timothy Lynch & Mr Kevin Leahy	Humbolt School Brussels	Enhancing pupil well-being through partnerships	This workshop investigates global community ideals relating to health and well-being, and examines how partnerships can be initiated to enhance implementation within schools. There are three parts to this workshop/ presentation: 1. Global and local ideals: 'The United Nations Sustainable Development Goals' and 'Humbolt School Values' 2. We examine partnership initiative research, 'Best Start: A community collaborative approach to lifelong health and wellness'. 3. We investigate the difficulties within partnerships, the problems to be solved and the benefits.
7	Dr Angie Wigford	International Educational Psychology Services	Wellbeing for Life: The theory and practice of resilience building in the classroom	Emotional wellbeing is fundamental to learning and a fulfilling, mentally healthy life. Angie is passionate about helping teachers in international schools promote this essential aspect of education. This session will ask participants to consider their potential to positively influence the mental wellbeing of the children in their care. Teachers will leave this workshop with strategies to increase their own personal and professional wellbeing as well as that of their students.
8	Annie Water	The Alice Smith School, Malaysia	Mindfulness - the evidence & the implementation	Mindfulness is very fashionable at the moment. There are far reaching claims, focus, mood alteration, calmness and improved relationships. But are these claims true? This workshop aims to explore the latest scientific findings in Mindfulness Research. With this in mind we will then discover some of the most effective ways Mindfulness practices can be used in schools.
9	Sophie King	Shrewsbury International School	Teaching Painting & Drawing Skills	This workshop will be a practical carousel, sharing ideas about how to effectively teach key painting and drawing skills from Early Years to the end of Key Stage 2. Focus will also be given to ways of giving effective, supportive feedback.
10	Matthew Preston and Amanda Stoby	The British School of Guangzhou	Developing Student leadership	The presentation will focus on the promotion of Student Leadership within a range of different areas of school life (social, language and facilities). We will examine how you can begin to develop a whole school approach to include 'Student Voice' alongside the academic nature of international schools. This focus links well with core development points for many schools as well as essential 'whole child' provisions.
11	Richard Harwood & Luke Dart	British School of Guangzhou, China	Student Centred planning for real-life learning	An introduction to student-centred planning focusing on a backwards by design, skills-based curriculum including a real life context. Luke and I will show concrete examples of each planning stage, discussing how this is planned for as a team and showing work produced at each stage of learning. We will share examples of high quality outcomes which have been produced independently by children based on our curriculum, explaining the process of teaching skills discreetly before allowing the children independence to apply this using a context of their own choice.
12	John Potts	British Vietnamese International School, Hanoi	Growth Mindset-A Practical Approach	A talk on Carol Dweck's theory of Growth Mindset and its implications for teaching and inspiring students. I will give practical examples of how I have used Growth Mindset in my classroom, including how it has changed my approach to giving praise and fostering inclusion with my students. I will discuss how giving children much more choice within independent tasks and differentiation through outcome has had a really positive impact upon my teaching, and how it can raise children's expectations of themselves, whilst giving more ownership over their learning.